



Rush Homes prioritizes the health and well-being of our tenant families, our staff, and our community. As such, we are continually seeking and following the best guidance possible as we grapple with COVID-19. Because of their disabilities, underlying health issues, and ages, most of our tenant families are among those most at risk of poor outcomes if they are exposed. It is imperative that we follow the best recommendations of the CDC, HUD, OSHA, and the Virginia Department of Health to best meet the needs of our tenant families while also supporting the safety of our staff and our community. Toward this end, our office is closed to visitors for an indefinite time. However, we are open for business from 9 am to 5 pm each day via telephone, email, text and other means of communication. Rush Homes must remain open to provide best services for our tenant families.

We are actively communicating with our tenant families via mail, email, and telephone in order to share pertinent CDC guideline information, encouraging their participation. Further, we will continue our work seeking best outcomes for everyone until the cessation of COVID-19. Good information is there for all of us! Please remember to wash your hands frequently, follow social distancing recommendations, and stay home – especially if you aren't feeling well. Even those with no symptoms can be carriers of the virus and put others at risk. We all need to do our part!

The need for affordable housing, a foundation block for stable families, doesn't stop because of COVID-19. Rush Homes will continue to create and serve affordable housing for low income families with disabilities in the greater Lynchburg area. No stinkin' virus can stop us!



March 17, 2020

RE: Rush Homes and Covid-19 (Coronavirus)

Dear Rush Homes Resident,

This letter is to share information about what Rush Homes is doing differently to respond to Covid-19 and how to keep yourself and your family safe.

- Effective March 17th, the Rush Homes office and Armstrong Place Community Room are closed to visitors. Please do not come to the office. We staff members *are* working, so please **call** if you need to speak with one of us. You may also reach out to us via email:
 - ❖ Jessica Taylor: jessica@rushhomes.org
 - ❖ Karen Taheny: karen@rushhomes.org
 - ❖ Morgan Holt: morgan@rushhomes.org
 - ❖ Jeff Smith: jeff@rushhomes.org
 - ❖ Kate Goodman: kate@rushhomes.org

In addition to regularly checking her email and voicemail, Jessica Taylor (our property manager) is available Monday –Friday, 9am-5pm at this number: 540-425-0629.

- Maintenance inspections will be suspended for the next 8 weeks.
- Maintenance requests can be taken by phone or email. We will be dealing with emergencies first, so minor problems may take longer than usual. For the protection of our maintenance staff, please let us know if you are feeling sick. We will still do our best to help. We appreciate your patience!
- Rent can be turned in at the drop box by the office door or by U.S. Mail to: P.O. Box 3305, Lynchburg, VA 24503.

We care about you and will do our best to help during this time.

Sincerely,

The Rush Homes Team

Covid-19 (Coronavirus) Information:

Know How it Spreads



- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Take steps to protect yourself



Clean your hands often

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.



Avoid close contact

- **Avoid close contact** with people who are sick
- Put **distance between yourself and other people** if COVID-19 is spreading in your community. This is especially important for [people who are at higher risk of getting very sick](#).

Take steps to protect others



Stay home if you're sick

- **Stay home** if you are sick, except to get medical care.



Cover coughs and sneezes

- **Cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.



Wear a facemask if you are sick

- **If you are sick:** You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room.
- **If you are NOT sick:** You do not need to wear a facemask unless you are caring for someone who is sick (and they are not able to wear a facemask). Facemasks may be in short supply and they should be saved for caregivers.



Clean and disinfect

- **Clean AND disinfect frequently touched surfaces daily.** This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.

Symptoms of Covid-19 (Coronavirus):

Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases.

The following symptoms may appear **2-14 days after exposure.***

- Fever
- Cough
- Shortness of breath

If you have symptoms of Covid-19 (Coronavirus), Centra Health has created a Covid-19 (Coronavirus) Hotline to help you know what to do: Please call 434-200-1225 for more information.